*Wednesday, March 19, 2014*

**Spiritual Fitness**

Ecclesiastes 3:1-2 To every thing there is a season, and a time to every purpose under the heaven: 2 A time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted; (KJV)

You will find in your walk with the Lord that as you go along on the path of life that old things are going to die off and become obsolete, being replaced with a new and better way of doing things. You will also find that things and ways that used to work in your past will become outdated, as it is time to step into a new realm with a new way of thinking. The word ‘season’ refers to appointment; and the question now becomes, will you show up and be ready when scheduled for the Lord’s appointment?

2 Kings 5:9-11 So Naaman came with his horses and with his chariot, and stood at the door of the house of Elisha. 10 And Elisha sent a messenger unto him, saying, Go and wash in the Jordan seven times, and thy flesh shall come again to thee, and thou shalt be clean. 11 But Naaman was wroth, and went away, and said, Behold, I thought, He will surely come out to me, and stand, and call on the name of the LORD his God, and strike his hand over the place, and recover the leper. (KJV)

Have you become a bit of a realist lately in your walk with the Lord; you know where you are more apt to hold to what seems practical? We all do at times, because we would rather stay in our comfort zones instead of stepping out into a new realm where our Lord would have us so that we can experience new results. The answer for Naaman was simple yet became complicated when his reasoning got in the way, because he decided how God was going to bring the healing. Have you missed out on an opportunity because you decided it wasn’t according to the norm, or the way it used to be?

2 Kiings 5:12-14 Are not Abana and Pharpar, rivers of Damascus, better than all the waters of Israel? may I not wash in them, and be clean? So he turned and went away in a rage. 13 And his servants came near, and spake unto him, and said, My father, if the prophet had bid thee do some great thing, wouldest thou not have done it? how much rather then, when he saith to thee, Wash, and be clean? 14 Then went he down, and dipped himself seven times in Jordan, according to the saying of the man of God: and his flesh came again like unto the flesh of a little child, and he was clean. (KJV)

How much more would God like to do for His people if they weren’t such sticks in the mud, so set in their own way of thinking? We need to quit being so fearful or full of doubt, and know that when God speaks to us and asks us to step out then we should expect the best and not think the worst any longer. But folks the catch is, that you have got to get out there on the Lord’s turf, on His field if you want to get His results.

Mark 16:17-20 And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues; 18 They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover. 19 So then after the Lord had spoken unto them, he was received up into heaven, and sat on the right hand of God. 20 And they went forth, and preached every where, the Lord working with them, and confirming the word with signs following. Amen. (KJV)

How many Christians are just sitting around waiting for something to happen rather than stepping out where the Lord is operating, and then watch Him confirm His word with signs following? It’s kind of like sitting in your living room waiting for someone to show up with a road sign rather than getting in your vehicle and starting down the road where you will see the signs confirming that you are on the right path.

Ephesians 3:20-21 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us, 21 Unto him be glory in the church by Christ Jesus throughout all ages, world without end. Amen. (KJV)

Is there a window or a door of opportunity, an open season right now just waiting for you to step into? Yeah I know it is not easy, because although the Spirit is willing it’s our flesh and carnal mind and reasoning that doesn’t want to let go of the old and what we think is the safe way of doing things. The just shall live and walk by faith, a faith that is made stronger by the things not seen in the outward but rather confirmed inwardly by the peace of God.

So dearly loved, continue to let the peace of God rule and expect a totally new season to spring forth. God bless and have a prosperous day in Christ Jesus our Lord.